

Dr. Sean M. O'Dell, Ph.D.
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PROFESSIONAL EXPERIENCE

- Sep 2022-
Present
- Senior Research Scientist, Jaspr Health**
- Psychologist, Family Practice Center**
Commerce Drive, Harrisburg, PA
- Founder, Beyond the Horizon, PLLC**
- Jan 2017-
Aug 2022
- Associate, Geisinger**
Division of Primary Care Behavioral Health
Department of Psychiatry and Behavioral Health
- Assistant Professor, Clinical Research, Geisinger**
Department of Population Health Sciences
- Assistant Professor (by courtesy), Geisinger Commonwealth School of Medicine**
Psychiatry
- Aug 2014-
Dec 2016
- Assistant Professor, East Carolina University**
Health Psychology PhD Program
Pediatric School Psychology Concentration
- Jul 2013-
Jul 2014
- Postdoctoral Fellow, Pediatric Psychology**
Geisinger Medical Center
Pediatric Integrated Primary Care
- Jul 2012-
Jun 2013
- Predoctoral Internship, Pediatric Psychology**
Munroe-Meyer Institute, University of Nebraska Medical Center
Integrated Behavioral Health

EDUCATION

- Ph.D.
- School Psychology with Pediatric Subspecialty
Lehigh University, Bethlehem, PA,
Dissertation: Understanding the Contributions of Family Processes to Educational Outcomes for Children with ADHD: A Longitudinal Analysis
(Major Professor: George J. DuPaul, Ph.D.)
- M.Ed.
- Education and Human Development
Lehigh University, Bethlehem, PA
Qualifying Project: Acquisition and retention of math facts in students with ADHD: Comparing incremental rehearsal to traditional flash card instruction
(Major Professor: George J. DuPaul, Ph.D.)
- B.A.
- Psychology
State University of New York at Buffalo, Buffalo, NY

ACTIVE GRANTS AWARDED

Transition Clinic for Adolescents and Young Adults at-risk for Hereditary Cancer: Pre-Implementation Study
Pennsylvania Department of Health 7/1/2021-6/30/2023
Role: Principal Investigator
Funding Awarded: \$258,824

The purpose of this study is to conduct a pre-implementation study to inform establishing a multi-disciplinary, primary care-based transition clinic for adolescents and young adults at risk of hereditary cancer. We will complete a systematic literature review, workflow analysis, qualitative interviews, and focus groups. Stakeholders will include adolescents and young adults with a pathogenic variant associated with hereditary cancer risk, parents, pediatricians, family medicine physicians, case managers, genetic counselors, and psychologists.

Reporting Adult-Onset Genomic Results to Pediatric Biobank Participants and Parents
NIH/NHGRI 9/1/2018-8/31/2023
Role: Co-Investigator (Buchanan PI)
Funding Awarded: \$3,926,847

This project goal is to assess the psychosocial, behavioral and legal impact of disclosing adult-onset genomic findings to children and their parents, thereby providing much-needed guidance to national and international groups performing genome-scale testing of children, as well as other groups considering population screening for genomic conditions.

COMPLETED GRANTS

MyParenting: A Mobile-Responsive Website to Improve Access to Evidence-Based Preventive Behavioral Health Care
Geisinger Health Plan/Geisinger Clinic Quality Pilot Fund 7/1/2018-6/30/2021
Role: Principal Investigator
Funding Awarded: \$220,462

This project focuses on an initiative to develop, implement, and disseminate a mobile-responsive website that hosts a comprehensive repository of evidence-based information, strategies, and resources to empower families to take charge of their behavioral healthcare. We will use a mixed methods approach to develop the intervention content, and measure impact on leading indicators for participants including engagement with content, satisfaction, knowledge improvements, and intention to change.

Improving Adherence to Standards of Care for Assessment and Treatment of ADHD by Providers in Pediatric Primary Care Sites: A Population-Based Approach
Geisinger Health Plan/Geisinger Clinic Quality Pilot Fund 7/1/2017-6/30/2020
Role: Principal Investigator
Funding Awarded: \$173,369

This study will develop and test the impact of a brief didactic training and accompanying electronic clinical decision support tools on provider adherence to AAP Guidelines for the assessment at treatment of pediatric ADHD in primary care. We will use the PRISM implementation science model to conduct a cluster randomized trial to measure RE-AIM outcomes of the innovation.

PUBLICATIONS IN REFERREED JOURNALS (most recent listed first)

1. Winnick, J. B., Focht, D. R., Sukumar, K., Kuhn, B. R., Muldowney, R., & O'Dell, S. M. (2022). Utilization of pediatric psychology services in outpatient pediatric gastroenterology within a rural health system. *Journal of Pediatric Gastroenterology & Nutrition*. Advance online publication. doi: 10.1097/MPG.0000000000003468

2. Gorski-Steiner, I., Bandeen-Roche, K., Volk, H. E., **O'Dell, S. M.**, & Schwartz, B. S. (2022). The association of unconventional natural gas development with diagnosis and treatment of internalizing disorders among adolescents in Pennsylvania using electronic health records. *Environmental Research*, 212, Part A. <https://doi.org/10.1016/j.envres.2022.113167>
3. Golden, M. E., Cosottile, M., Meadows, T., Parikh, M. R., & **O'Dell, S. M.** (in press). Understanding pediatricians' sleep-related practices: opportunities for behavioral health providers to improve care. *Families, Systems, & Health*.
4. **O'Dell, S. M.**, Gormley, M. J., Schlieder, V., Klinger, & Rahm, A. K. (2022). Perspectives of rural primary care clinicians on pediatric attention-deficit/hyperactivity disorder care. *Journal of Developmental and Behavioral Pediatrics*. Advanced online publication. <https://doi.org/10.1097/DBP.0000000000001056>
5. **O'Dell, S. M.**, Fisher, H., Schlieder, V., Klinger, T., Kininger, R., Corlis, M., ...Cummings, S (2021). Mixed methods evaluation of parents' unmet needs and experiences regarding behavioral intervention technologies for common behavioral health challenges. *JMIR Pediatrics and Parenting*, 4(4), e27551. <https://doi.org/10.2196/27551>
6. Feemster, K. A., Head, K. J., Kornides, M. L., **O'Dell, S. M.**, Zimet, G. D., & Panozzo, C. A. (2021). Efficacy of tailored messages to improve behavioral intent to accept HPV vaccination among mothers may be moderated by sociodemographics. *Preventive Medicine Reports*, 23, 101413. <https://doi.org/10.1016/j.pmedr.2021.101413>.
7. Gorski-Steiner, I., **O'Dell, S. M.**, Bandeen-Roche, K., Volk, H. E., Goes, F., & Schwartz, B. S. (2021). Geographic disparities in new onset of internalizing disorders in Pennsylvania adolescents using electronic health records. *Spatial and Spatio-temporal Epidemiology*. Advanced online publication. <https://doi.org/10.1016/j.sste.2021.100439>
8. *Parikh, M. R., ***O'Dell, S. M.**, Cook, L., Corlis, M., Sun, H., & Gass, M. (2021). Integrated Care is Associated with Increased Behavioral Health Access and Utilization for Youth in Crisis. *Families, Systems, & Health*, 39(3), 426-433. <https://doi.org/10.1037/fsh0000620>
*Both authors contributed equally to the paper
9. **O'Dell, S. M.**, Hosterman, S. J., Parikh, M. R., Winnick, J. B., & Meadows, T. J. (2021). Chasing the curve: program description of the Geisinger Primary Care Behavioral Health Virtual First response to COVID-19. *Journal of Rural Mental Health*, 45(2), 955-106. <https://psycnet.apa.org/doi/10.1037/rmh0000180>
10. Whiteside, S. A., **O'Dell, S. M.**, Baker, A. M., Leffler, J. M., Sim, L. A., & Geske, J. R. (2021). From the laboratory to the office: Implementation and sequencing of evidence-based treatment components for newly diagnosed childhood psychiatric disorders in a large health system. *Professional Psychology: Research and Practice*, 52(2), 156-164. <https://doi.org/10.1037/pro0000376>
11. Mozersky, J., Meyers, M., Kulchak Rahm, A., **O'Dell, S. M.**, & Buchanan, A. (2021). Finding the balance: protecting research participants from psychosocial harms at the expense of external validity? *Ethics & Human Research*, 43(2), 43-48. <https://doi.org/10.1002/eahr.500086>
12. Gormley, M. J., Meadows, T. J., Hosterman, S. J., & Kettlewell, P., Kirchner, H. L., & **O'Dell, S. M.** (2020). The relationship between integrated pediatric psychology and primary care visit length, revenue, content over 24 months. *Families, Systems, & Health*, 38, 278-286. <https://psycnet.apa.org/doi/10.1037/fsh0000532>
13. Sevecke-Hanrahan, J. R., Meadows, T. J., Lilly, R., Massura, C., Golden, M., & **O'Dell, S. M.** (2020). Hub-extension model and access to pediatric behavioral integrated primary care. *Clinical Practice in Pediatric Psychology*, 8, 220-227. <https://psycnet.apa.org/doi/10.1037/cpp0000358>
14. **O'Dell, S. M.**, Hosterman, S., J., Hostutler, C. A., Norberg, C., Klinger, T., Petts, R., ...Massura, C. (2020). Retrospective cohort study of a novel acceptance and commitment therapy group intervention for adolescents implemented in integrated primary care. *Journal of Contextual Behavioral Science*, 16, 109-118. <https://doi.org/10.1016/j.jcbs.2020.03.009>
15. Savatt, J. M., Wagner, J. K., Joffe, S., Kulchak Rahm, A., Williams, M. S., Davis, F. D., Hergenrather, J., Kelly, M. A., Kirchner, H. L., Mozersky, J., **O'Dell, S. M.**, Pervola, J. Sturm, A. C., & Buchanan, A. H. (2020). The Pediatric Return of Genomic Results Study (ProGRESS): A mixed methods, longitudinal observational cohort study to explore disclosure of actionable adult and pediatric-onset genomic variants to pediatric patients and their parents. *BMC Pediatrics*, 20(222). <https://doi.org/10.1186/s12887-020-02070-4>
16. **O'Dell, S. M.**, Rahm, A. K., Young, A., Kettlewell, P., Kolinovsky, A., Sun, H., ...& DeHart, K. (2019). Navigating practical, legal, and IT challenges to bring assessment and treatment of pediatric ADHD in primary care at Geisinger into the 21st century. Abstracts from the 25th annual Health Care Systems Research Network Conference, April 8-10, 2019, Portland, Oregon. *Journal of Patient Centered Research and Reviews*, 6, 66.

17. Kininger, R., **O'Dell, S. M.**, & Schultz, B. K (2018). The feasibility and effectiveness of school-based modular therapy: A systematic literature review. *School Mental Health, 10*, 339-351.
<https://psycnet.apa.org/doi/10.1007/s12310-018-9270-7>
18. Valleley, R., Evans, J., **O'Dell, S. M.**, & Allen, K. D (2014). Developmental screening in rural primary care: Real world application. *Clinical Pediatrics, 53*, 900-905.
19. Weyandt, L., DuPaul, G. J., Rossi, J., Vilardo, B. A., **O'Dell, S. M.**, Carson, K., ...Swentosky, A. (2013). Performance of college students with and without ADHD: Neuropsychological, academic, and psychosocial functioning. *Journal of Psychopathology and Behavioral Assessment, 35*, 421-435.
20. **O'Dell, S. M.**, & DuPaul, G. J. (2012). Predictors of emotional problems in children with diabetes mellitus. *Children's Health Care, 41*, 32-42.
21. DuPaul, G. J., Weyandt, L., Rossi, J., Vilardo, B. A., **O'Dell, S. M.**, Carson, K., ...Swentosky, A. (2012). Double-blind, placebo-controlled crossover study of the efficacy and safety of lisdexamphetamine dimesylate in college students with ADHD. *Journal of Attention Disorders, 16*, 202-220.
22. **O'Dell, S. M.**, Vilardo, B. A., Kern, L., Kokina, A., Ash, A., Seymour, K. J., ...Thomas, L. (2011). JPBI 10 years later: Trends in research studies. *Journal of Positive Behavior Interventions, 13*, 78-86.
23. DuPaul, G. J., Weyandt, L., **O'Dell, S. M.**, & Varejao, M. (2009). College students with ADHD: Current status and future directions. *Journal of Attention Disorders, 13*, 234-250.

INVITED BOOK CHAPTERS

24. **O'Dell, S. M.**, Marx, J., & Parikh, M. (2018). Externalizing disorders. In S. G. Forman & J. D. Shahidullah (Eds.), *Handbook of Pediatric Behavioral Healthcare*. Springer International Publishing.
25. **O'Dell, S. M.**, & Louloudis, L. (2017). Managing disruptive behavior. In J. R. Harrison, B. K. Schultz, S. W., & Evans, S.W. (Eds.), *School mental health services for adolescents*. New York: Oxford University Press.

MANUSCRIPTS IN EDITORIAL PROCESS

26. What are you waiting for? Characterizing mothers with high HPV vaccine intent. Srivastava, T., Head, K. J., **O'Dell, S. M.**, Feemster, K. A., Panozzo, C. A., Zimet, G. D., & Kornides, M. L.
27. **O'Dell, S. M.**, Baker, A. M., Van Enkevort, E. A., Young, A., Gass, M., & Schlieder, V. Variation in diagnosis and prescription practices in pediatric primary care within a large rural health system.

MANUSCRIPTS IN PREPARATION

28. Golden, M. E., Chancey, L. P., Gupta, M., Van Enkevort, E. A., & **O'Dell, S. M.** Predictors of attendance at behavioral health appointments: What matters?
29. **O'Dell, S. M.**, Power, T. J., DuPaul, G. J., Schoemann, A. M., & Van Enkevort, E. A. Parent self-efficacy, parent-teacher involvement, and negative parenting practices as mediators of homework performance outcomes from a randomized controlled trial of families coping with ADHD.

PRESENTATIONS AT PROFESSIONAL CONFERENCES

1. **O'Dell, S. M.**, Parikh, M. R., Spahr, C., DeHart, K., & Cummings, S. (2020, October). Rising to the challenge: progress, challenges, and opportunities in improving population behavioral health in an integrated health system. Presented at the annual meeting of the Collaborative Family Healthcare Association, Philadelphia, PA, (held online).
2. **O'Dell, S. M.**, Parikh, M. R., & Cook, L. (2020, October). Pay it Forward: using your EHR data to make data-based decisions and demonstrate the value of integrated behavioral health. Presented at the annual meeting of the Collaborative Family Healthcare Association, Philadelphia, PA, (held online).
3. Golden, M. E., Chancey, L. P., & **O'Dell, S. M.** (2019, April). Predictors of attendance at behavioral health appointments: What matters? Poster presented at the annual meeting of the Society for Pediatric Psychology, New Orleans, LA.
4. Hosterman, S., Parikh, M., & **O'Dell, S. M.** (2019, October). Patterns and outcomes for warm handoffs in integrated pediatrics clinics. Paper presented at the annual meeting of the Collaborative Family Healthcare Association, Denver, CO.

5. Meadows, T. J., Parikh, M., **O'Dell, S. M.**, Golden, M., & Corlis, M. (2019, October). Wake up doc, sleep is important! What primary care providers know about sleep medicine. Poster presented at the presented at the annual meeting of the Collaborative Family Healthcare Association, Denver, CO.
6. **O'Dell, S. M.**, Rahm, A. K., Young, A., Kettlewell, P., Kolinovsky, A., Sun, H., ...& DeHart, K. (2019, April). Navigating practical, legal, and IT challenges to bring assessment and treatment of pediatric ADHD in primary care at Geisinger into the 21st century. Poster presented at the annual meeting of the Healthcare Systems Research Network Conference, Portland, OR.
7. Parikh, M., **O'Dell, S. M.**, & Cook., L. A. (2019, October). Crisis evaluations: comparing outcomes between integrated primary care clinics and emergency departments in a rural health system. Poster presented at the annual meeting of the Collaborative Family Healthcare Association, Denver, CO.
8. Sevecke-Hanrahan, J. R., Meadows, T. J., Lilly, R., Massura, C., Golden, M., & **O'Dell, S. M.** (2019, October). Hub-extension model and access to pediatric behavioral integrated primary care. Paper presented at the annual meeting of the Collaborative Family Healthcare Association, Denver, CO.
9. Faulkner, S., **O'Dell, S. M.**, & Golden, J (2018, July). Targeting psychological flexibility, sleep hygiene, and physical activity in high school students using the DNA-v model. Poster presented at the annual meeting of the Association for Contextual Behavioral Science, Montreal, QC, CA.
10. Meadows, T., Hosterman, S. J., & **O'Dell, S. M.** (2018, October). Impact of visit length on operational and financial outcomes in pediatric integrated primary care. Paper presented at the 20th Annual Conference of the Collaborative Family Healthcare Association, Rochester, NY.
11. **O'Dell, S. M.**, Hosterman, S. J., Massura, C. E., Whitehead, M. R., & Petts, R. A. (2018. July). Pilot evaluation of an ACT group intervention for adolescents implemented in integrated primary care. Poster presented at the annual meeting of the Association for Contextual Behavioral Science, Montreal, QC, CA.
12. **O'Dell, S. M.**, Hostutler, C., & Zaheer, I. (2018, March). Taking PBIS to Healthcare: Psychological Flexibility as a Guide for Population-Based Care. IGNITE session presented at the annual meeting of the Association for Positive Behavior Support, San Diego, CA.
13. Zaheer, I., & **O'Dell, S. M.** (2018, February). Mindfulness in Schools: Using the ACT Matrix for Meaningful Change. MiniSkills Workshop presented at the annual meeting of the National Association of School Psychologists, Chicago, IL.
14. Massura, C. E., Hosterman, S. J., **O'Dell, S. M.**, Whitehead, M. R., & Petts, R. A. (2017, October). Flexing your hex in primary care: pilot evaluation of an ACT adolescent group. Poster presented at the annual meeting of the Collaborative Family Healthcare Association, Houston, TX.
15. **O'Dell, S. M.** (2017, October). Aware, open, and engaged: the science of psychological flexibility and its potential for improving population health. Podium presentation delivered at the annual meeting of the Geisinger Psychiatry Update Conference, Danville, PA.
16. **O'Dell, S. M.** (2017, February). Treatment mechanisms and contextual behavioral science: Theory-driven evaluation of intervention efficacy and applications to parenting. Symposium presented at the annual meeting of the National Association of School Psychologists, San Antonio, TX.
17. **O'Dell, S. M.**, Gormley, M. J., & Meadows, T. (2017, August). Examining How Integration Affects Primary Care Physician Encounter Duration and Revenue Generation. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
18. **O'Dell, S. M.** Mirabelli, K., & Toppin, M. (2017, August). A Systematic Review of Methodology in ADHD Treatment Studies Using an Ecological Systems Approach. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
19. Sevecke, J. R., Meadows, T. & **O'Dell, S. M.** (2017, September). Level of Integration and Access to Pediatric Behavioral Health in Primary Care: WHO Matters? WHO Matters? Poster presented at the annual meeting of the Nemours DREAM conference, Wilmington, DE.
20. **O'Dell, S. M.**, Kettlewell, P., Hosterman, S., & Meadows (2015, April). Establishing an effective and efficient integrated care practice: Three-year outcomes reported from a three-world view. Paper presented at the annual meeting of the Society for Pediatric Psychology, San Diego, CA.
21. Valleley, R. J., **O'Dell, S. M.**, Carson, K. M., Lancaster, B. M., Rennie, B., Bruni, T. P., & Sevecke, J. (2015, April). Case studies in behavioral health service utilization and cost-offset in pediatric primary care. Paper presented at the annual meeting of the Society for Pediatric Psychology, San Diego, CA.

22. Kettlewell, P. J., & **O'Dell, S. M.** (2014, March). Integration of Behavioral Health Services with Pediatric Primary Care at Geisinger Medical Center: Experiences and Outcome Data. Paper presented at the 3rd Annual Leadership Summit on Integrating Behavioral Health and Primary Care Models, Orlando, FL.
23. Hosterman, S., Parikh, M., & **O'Dell, S. M.** (October, 2013). Establishing a Sustainable Integrated Care Practice: Staffing, Finances, and Service Utilization. Poster presented at the annual meeting of the Collaborative Family Healthcare Association, Denver, CO.
24. **O'Dell, S. M.** (2013, February). Understanding the Contributions of Family Processes to Educational Outcomes for Children with ADHD: A Longitudinal Analysis. Paper presented at the annual convention of the National Association of School Psychologists, Seattle, WA.
25. **O'Dell, S. M.**, Meadows, T., Valleley, R., & Hosterman, S. (2013, October). Behavioral Health in Primary Care: Impact on Medical Utilization and Cost-Offset. Paper presented at the annual meeting of the Collaborative Family Healthcare Association, Denver, CO.
26. Power, T. J., Mautone, J., Ahern, L., & **O'Dell, S. M.** (2012, June). Behavioral parent training: Implications for working with parents with elevated ADHD symptoms. Symposium presented at the annual meeting of the Pennsylvania Psychological Association, Harrisburg, PA.
27. DuPaul, G. J., Weyandt, L., Rossi, J., Vilardo, B. A., **O'Dell, S. M.**, Carson, K., ...Swentosky, A. (2011, August). Effects of lisdexamphetamine dimesylate on functioning of college students with ADHD. Paper presented at the annual meeting of the American Psychological Association, Washington, DC.
28. **O'Dell, S. M.**, & DuPaul, G. J. (2010, March). Acquisition, Retention of Math Facts in Students with ADHD. Poster presented at the annual meeting of the National Association of School Psychologists, Chicago, IL.
29. Kern, L., **O'Dell, S. M.**, Vilardo, B., & Carr, E. G. (2009, March). JPBI 10 Years Later: Trends in research studies. Paper presented at the annual meeting of the Association for Positive Behavior Support, Jacksonville, FL
30. **O'Dell, S. M.**, & Kern, L. (2009, March). CBA within the FBA process: A case example. Poster session presented at the annual meeting of the Association for Positive Behavior Support, Jacksonville, FL.
31. Scime, M., Pelham, W. E., Massetti, G., Waschbusch, D. A., **O'Dell, S. M.**, & Yu, J. (2008, February). Impact of a school-wide positive behavior program on office referrals and time spent dealing with student misbehavior. Poster presented at the annual convention of the National Association of School Psychologists, New Orleans, LA.

INVITED LECTURES

1. **O'Dell, S. M.** (2018, December). Psychological flexibility: what can it bring to NFP? Workshop presented to Nurse Family Partnership nurses, Bloomsburg, PA.
2. **O'Dell, S. M.** (2016, August). Thanks for the Report!...How Do I Use This? Deciphering Evaluation Reports and Collaborating with Treatment Providers to Coordinate Care. Workshop presented at the annual Eastern AHEC Children's Services State of the Art Conference, New Bern, NC.
3. **O'Dell, S. M.** (2016, August). ADHD is the Label, But What's the Problem?! Determining Appropriate Academic, Behavioral, and Related Services for School Aged Youth with Attention Deficit Hyperactivity Disorder. Workshop presented at the annual Eastern AHEC Children's Services State of the Art Conference, New Bern, NC.
4. **O'Dell, S. M.** (2015, November). Integrated care: Challenges and opportunities for school psychologists. Presented via Webinar to the Illinois School Psychology Internship Consortium.
5. **O'Dell, S. M.** (2015, July). Taking research into practice in pediatric school psychology: Mechanisms of action and implementation science. Presented at De La Salle University, Manila, Philippines.
6. **O'Dell, S. M.** (2015, July). Neurodevelopmental disorders in preschool: The nature of Autism and ADHD and what you can do at home and school to improve challenging behavior. Presented at University of the Philippines Los Banos, Los Banos, Philippines.

LICENSES AND CERTIFICATIONS

Licensed Psychologist (PA #PS018228)
Health Service Psychologist (HSP-P) Certification, PA

Supervision, Quality Assurance & Training in Motivational Interviewing
Certificate of Completion, May 22, 2018

PROFESSIONAL AFFILIATIONS

American Psychological Association
Division 16 School Psychology
Division 54 Pediatric Psychology
Association for Contextual Behavioral Science
Collaborative Family Healthcare Association
National Association of School Psychologists

PROFESSIONAL SERVICE

Department

Geisinger

Trainer, Motivational Interviewing, (2018-2021)

2-day intensive training; monthly 1hr didactics seminars for Clinical Psychology Residents

Trainer, Psychotherapy Seminar (2018-2020)

4 annual 1hr seminars for Clinical Psychology Residents covering advanced applications of rule governed behavior, clinical relational frame theory, process-based cognitive behavioral therapy, and Acceptance and Commitment Therapy

Trainer, Psychotherapy Seminar (2018-2020)

4 annual 1 hr seminars for Pediatric Primary Care Behavioral Health Postdoctoral Fellows covering advanced applications of compassion-focused therapy, emotion regulation, attachment theory, and applications of Acceptance and Commitment Therapy to Parenting

Co-Chair, CME Committee (2019-Present)

Maintain CE accreditation for disciplines within Department of Psychiatry, recruit outside speakers for Grand Rounds, evaluate compliance with CPD regulations for internal and external speakers and trainers

Co-Director, 6th Annual Psychiatry Update Conference (Oct 24, 2019)

Recruited and booked Dr. Kelly Wilson, a world-renowned educator and co-founder of Acceptance and Commitment Therapy, to provide a full-day workshop on self-care and self-compassion for health care providers- both leading indicators of provider burnout, depression, and suicide.

Director, Process-Based Cognitive Behavioral Therapy Seminar (May 2-3, 2020)

Recruited and booked Dr. Stefan Hoffman, a world-renowned researcher, trainer, and co-author of the seminal work in Process-Based Therapy, for a two-day workshop at Geisinger facilitated by Praxis, Inc.

Member, Precision Health Youth Advisory Council (2018-Present)

East Carolina University

Member, Enhancing Mentorship Experiences for Junior Faculty (2014-2016)

Member, Advisory Committee (2015-2016)

Member, Council for Teacher Education (2015-Present)

Community

Eastern Area Health Education Center (AHEC)

Member, Child Mental Health Training Committee (2015-2016)

Organizations

Aurora (CO) Public Schools

Training Consultant (2018-2019)

Developed curriculum and led monthly virtual training series for education leaders and school mental health professionals using ACT Matrix to improve leadership, team functioning, and psychotherapy process and outcomes

TEACHING EXPERIENCE

East Carolina University

PSYC 4305 Educational Psychology

PSYC 6505 Advanced Educational Psychology
PSYC 7950 Practicum in Therapeutic Approaches with Children
PSYC 8001 Health Psychology Colloquium: Integrated Care in the Pediatric Population
PSYC 8404 Pediatric School Psychology
PSYC 8460 Health Psychology Advanced Practicum
PSYC 8994 Seminar in Pediatric School Psychology

REFERENCES (available upon request)